

Month: October 2018

Theme: Crossing Borders (Transitions)

Source: <http://www.smallgroupministry.net/public/sessions/index.html#sessions>

Opening Words

“Change is the constant, the signal for rebirth, the egg of the phoenix.” - Christina Baldwin

Focus Reading

This being human is a guest house.
Every moment a new arrival.
A joy, a depression, a meanness,
 some momentary awareness comes
 as an unexpected visitor.
Welcome and entertain them all!
Even if they're a crowd of sorrows,
who violently sweep your house empty of its furniture, still,
treat each guest honorably
He may be clearing you out for some new delight.
Some dark thought, the shame, the malice
 meet them at the door laughing,
 and invite them in.
Be grateful for whoever comes,
because each has been sent as a guide from beyond.

- Rumi

Focus Questions

Transitions are the cusp of change, a time of grasping and letting go, a time of sadness and of hope. Leaving home, leaving school, moving in with a partner, a new job, marriage, having children, moving away, a death of someone close, retirement - all times of transition in which we learn something about ourselves, about life. Our old patterns, momentarily swept away –

Were we cleared out for some new delight?
Were there new challenges?
Were there new perspectives?
What was the new change for you?
Do you consider your transition a reflection into a guide from beyond?
How have your transitions changed your life?

Closing Words

“The world is round and the place which may seem like the end may also be only the beginning.”

- Ivy Baker Priest

Go in Peace